

CB-BK WE1 2026: Session: 4: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M MEDLEY MEN 13-14

Heat:6, starttime: 14:47

Heat: 6/17 Lane : 5 Athlete: THOELLEN SIMON

Q-time: 02:44:62

PB (50m pool): 02:44.62 SportinGenk Park 24/05/2026

PB (25m pool): 02:44.82 SB: 02:44.62 SportinGenk Park 24/05/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.94	01:21.90	02:06.30	02:44.62	
	00:35.94	00:45.96	00:44.40	00:38.32	
					

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12

Heat:2, starttime: 15:33

Heat: 2/14 Lane : 4 Athlete: KÄHLER MATHIAS

Q-time: 01:18:59

PB (50m pool): 01:18.59 Düsseldorf 14/12/2025

PB (25m pool): 01:16.06 SB: 01:18.59 Düsseldorf 14/12/2025

	5 0 M	1 0 0 M	
PB	no time	01:18.59	
	no time		
			

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12

Heat:3, starttime: 15:35

Heat: 3/14 Lane : 1 Athlete: VANRUSSELT RAFAËL

Q-time: 01:18:39

PB (50m pool): 01:18.39 Antwerpen 20/07/2025

PB (25m pool): 01:13.39 SB: 01:18.74 SportinGenk Park 06/04/2026

	5 0 M	1 0 0 M	
PB	00:37.43	01:18.39	
	00:37.43	00:40.96	
			

Coach feedback:

CB-BK WE1 2026: Session: 4: COACH evaluation sheet for TEAM: GZVN

Event number: 27: 400M FREESTYLE WOMEN 11-12							Heat:14, starttime: 17:16	
Heat: 14/15 Lane : 4 Athlete: VANHEES HANNAH							Q-time: 05:08:36	
PB (50m pool): 07:56.05 Genk 10/04/2023				PB (25m pool): 05:08.36 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	07:56.05
	no time							

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14										Heat:3, starttime: 17:31	
Heat: 3/8 Lane : 6 Athlete: TORDEUR KILIAN										Q-time: 01:03:34	
PB (50m pool): 01:03.34 Antwerpen 08/03/2026										PB (25m pool): 01:02.65 SB: 01:03.34 Antwerpen 08/03/2026	
	5 0 M		1 0 0 M								
PB	00:30.33		01:03.34								
	00:30.33		00:33.01								
											

Coach feedback: